

# How does the admissions process work?

Admissions to the Acute Partial Hospital Program are scheduled through the PHP director, Monday through Friday, by calling 267-893-5030. For any questions or concerns after hours or on weekends, call Lenape Valley Foundation's Crisis Services at Doylestown Hospital at 215-345-2273.

## From an inpatient hospitalization:

Referral packets, including psychiatric evaluation, current medication regimen, demographics, and laboratory results can be faxed to 215-348-8957. Contact the PHP director at 267-893-5030 for an initial appointment. Next treatment day admissions are possible.

## Transportation:

Transportation is available, if needed, for residents of Bucks County at no cost.

# Lenape Valley Foundation



## ACUTE PARTIAL HOSPITAL PROGRAM

### MAIN OFFICE

500 N. West Street  
Doylestown, PA 18901  
215-345-5300

### 24 HOUR CRISIS/ EMERGENCY SERVICES

1-800-499-7455  
215-785-9765 – Lower Bucks County  
215-345-2273 – Central Bucks County

*The mission of Lenape Valley Foundation is to partner with members of our community encountering mental health, substance use, intellectual or developmental challenges as they pursue their personal aspirations and an enhanced quality of life.*

The Lenape Valley Foundation Acute Partial Hospital Program accepts Health Choices, Medical Assistance, Magellan, Aetna, and most major health insurance programs. Co-pays may be applicable, however, payment plans are available.

*This program is operating with funds provided through the Bucks County Department of Mental Health/Developmental Programs.*

[www.lenapevf.org](http://www.lenapevf.org)



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Doylestown, PA 18901  
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# Acute Partial Hospital Program

Lenape Valley Foundation's Acute Partial Hospital Program provides intensive treatment in the least restrictive setting. The program offers short-term, intensive psychiatric treatment for individuals experiencing acute psychiatric symptoms. Comprehensive ambulatory treatment can serve as an alternative to or as a follow-up from inpatient hospitalization. The Acute Partial Hospital Program provides active treatment from 9:00 a.m. to 3:00 p.m., Monday through Friday. The multidisciplinary treatment team consists of a psychiatrist, nurse practitioner, psychologists, therapists, professional counselors, and certified peer specialists.

## Who is eligible for this program?

- Individuals with an acute psychiatric disturbance.
- Individuals with a co-occurring disorder. These individuals will be served by LVF staff and referred to ancillary services as appropriate.
- Individuals who are ready for discharge from an inpatient setting, but are assessed to be in need of continued support, ongoing therapeutic intervention, and daily monitoring.

- Individuals who are at risk for inpatient hospitalization and who require treatment and supervision at a more intensive level than what is available in traditional outpatient settings.

## What specific services are provided?

Individuals in the program receive a comprehensive psychosocial and psychiatric assessment. Our multidisciplinary treatment team works in concert with individuals to develop individual treatment plans tailored to meet each person's specific needs and goals.

The Acute Partial Hospital Program provides a highly structured program, using a variety of treatment modalities including, but not limited to, the following:

### *Psychiatric Evaluation and Care*

Individuals' needs for medication and/or their current medications are evaluated. Ongoing prescribing and monitoring is provided on a regular and frequent basis, specific to the needs of the individual. In addition, medical needs are assessed and, if necessary, referrals are made.

### *Group Therapy*

Individuals set goals for themselves related to their key clinical issues. Within the supportive environment of group therapy, individuals work toward completion of their individual treatment goals.

### *Individual Therapy*

Individual therapy focuses on the here and now, including problem-solving difficulties at home and in the community. Efforts are focused on reinforcing coping skills, relapse prevention, and step-down to a less intensive level of care.

### *Family Support*

Family members are given support as well as education about mental illness. Intensive psycho-education is provided in an effort to help the family support their loved one's recovery.

### *Life Skills Groups*

In a supportive group environment, individuals explore new ways to cope with various life challenges regarding health, nutrition, housing, and other activities of daily living.

### *Psycho-educational Groups*

Groups focus on relapse prevention and symptom management. Individuals are offered education regarding their illness and ways to maintain their recovery. These groups include skill building for medication management, coping skills, symptom management, relapse prevention, and other relevant topics.

### *Case Management*

As needed and requested, staff are available to work to assist individuals in accessing other services and referrals.